COSMECEUTICALS MODULE

CHAIRS



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RECENT ADVANCES IN SKIN AGING: FROM RESEARCH TO TREATMENT



KEY LEARNING

As patients age, their skin suffers not only from the effects of time, but also from environmental factors such as the sun, pollution, harsh weather and certain vices. Aging is inevitable, however deterioration is evitable.

Based on recent advances in skin aging research, the medical and scientific experts will review the safety and efficacy of cosmeceuticals, nutraceuticals and home-use devices for skin rejuvenation, covering from preventative procedures to post-treatment care, with all the various intervention methods in-between.

In today's ever-expanding field of cosmeceuticals where the term "anti-aging" is slowly being replaced by a more wholesome ideology of "healthy living, healthy aging", leaders of the field seek to answer the questions that can make a difference: which of the products in the current market are truly safe and effective? What is their place in cosmetic dermatology and plastic surgery?





PROGRAM

COSMECEUTICALS MODULE

8 am RECENT RESEARCH INTO SKIN AGING

- > Atmospheric skin aging A review · DR DAVID MCDANIEL
- > Protective role of the melanin in actinic skin aging: what's new? DR DESMOND TOBIN
- > Oxinflammation as a common denominator in pollution induced skin damage DR GIUSEPPE VALACCHI
- > Epigenetic- Inspired technologies for skin anti-aging DR DAVID GUNN

9 am COSMECEUTICALS AND SKIN AGING (PART 1)

- > Pollution and skin aging: product evidence & personal recommendations DR ULIANA GOUT
- > How are we looking at deeper layers to treat skin aging DR ALEXANDRA HADDAD
- > New Science Effects of visible light on the skin · DR ANNA CHIEN
- > Day-time protection and night-time repair: circadian rhythm based cosmeceuticals DR RAHUL C. MEHTA
- > Human skin and blue light oxidizing effects: in vitro and ex vivo studies DR MARIUS ANTON IONESCU

COFFEE BREAK

10:30 am NUTRACEUTICALS AND SKIN AGING

- > Review of current evidence of Nutraceuticals and skin aging DR MARITA KOSMADAKI
- > Vitamin D and skin aging- What every physician should know! DR SAHAR GHANNAM
- > Prevent photo-aging from within DR CORY GOLDBERG
- > Nutraceuticals and prevention of skin aging from urban damages · DR ELOISA AYRES

11:30 am AT-HOME DEVICES AND SKIN AGING

- > Anti-aging Home-use devices The consumer perspective · Laurence NEWMAN
- > The role of HUD's for skin rejuvenation DR CHRISTINE DIERICKX
- > Multisource radiofrequency home-use device for anti-aging DR NEIL S. SADICK
- > Home use devices: new thoughts, new devices DR MICHAEL GOLD

LUNCH BREAK

2 pm COSMECEUTICALS AND SKIN AGING (PART 2)

- > Retinoids in skin aging What's the latest evidence for different vitamin A derivatives? DR STEFANIE WILLIAMS
- > How to successfully integrate cosmeceuticals into aesthetic practice? DR STEFANIE WILLIAMS
- > Brightening and evening skin tone DR JEANINE DOWNIE
- > Biological ingredients in cosmeceutical products for anti-aging: what have we learned? DR AHMED AL QAHTANI
- > Review of current evidence of antioxidants and skin aging DR SABINE ZENKER

3 pm COMBINING COSMECEUTICALS & OTHERS WITH PROCEDURES

- > Smart delivery systems in cosmeceuticals DR MARINA LANDAU
- > Combination treatment with injectables and cosmeceuticals Synergistic contouring, volumization and skin rejuvenation effect DR PETER PENG
- > A cross-linked Hyaluronic Acid based skincare to perfectly complement aesthetic protocol TO BE ANNOUNCED
- > Combining neuromodulator injections with topical hyaluronic acid booster DR RAHUL C. MEHTA
- > Darker skin types rejuvenation DR HEATHER WOOLERY-LLOYD

COFFEE BREAK

4:30 pm SKIN AGING - POST TREATMENT MANAGEMENT

> A series of post-treatment recommendations on patients who underwent an aesthetic procedure the previous day

5:30 pm HOW TO ADDRESS PROACTIVELY

A meet the experts where the audience may ask their questions on a series of pre defined topics:

- > Photoprotection DR ULIANA GOUT
- > Pros and cons of social media DR DAVID MCDANIEL
- > Solar lentigo · DR ALEXANDRA HADDAD
- > Very dry skin · DR MARTINA KERSCHER
- > Darker skin types · DR HEMA SUNDARAM