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IMCAS
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JANUARY
29 TO 31
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PALAIS DES CONGRÈS



Cosmeceuticals Master Class

JANUARY 29-30, 2026

The science of skin longevity: exosomes, epigenetics, microbiome & beyond

Skin longevity is advancing rapidly, driven by breakthroughs in exosomes, epigenetics, microbiome science, longevity pathways, and nutraceutical innovation. The 2026 Cosmeceuticals Master Class brings these developments together through five focused sessions that translate cutting-edge research into practical strategies for daily clinical use.

From the changing role of exosomes in regenerative aesthetics to evidence-based longevity pathways, the programme examines how molecular signaling, mitochondrial health, microbiome balance, and nutraceutical interventions converge to influence aging trajectories.

Join us to explore the latest scientific advances and elevate your approach to skin longevity with clear, clinically relevant takeaways.



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IMCAS WORLD CONGRESS 2026

COORDINATORS



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Exosomes & skin aging – Advances & controversies

Room 402 • Thursday 29 Jan, 11:30-13:00

11:30	HADDAD Alessandra	Chair
11:30	MAGALON Jeremy	Chair
11:30	LAIN Edward L	“X-ing” out exosomes: it’s time to move on
11:42	GIRARDEAU HUBERT Sarah	Exosomes and related technologies in regenerative aesthetics and healthspan
11:54	MENKES Sophie	How exosomes can repair the skin barrier
12:06	EMMETSBERGER Jaime	Realizing exosome potential in Cosmecueticals: alternative sources, biological benefits, and challenges
12:18	LEMAITRE Jean Marc	Extracellular vesicles and miRNA in dermis-epidermis dialogue: a novel strategy to combat intrinsic and extrinsic skin aging
12:42		Discussion and Q&A

Longevity & Skin Aging – Real Life Strategies

Room 242 • Friday 30 Jan, 08:30 – 10:00

08:30	COSTA Geisa	Chair
08:30	LAIN Edward L	Chair
08:30	KOUROSH Shadi	Skin longevity: separating the science from snake oil
08:40	KALA Rishabh	Skin longevity: the proven role of sirtuins and mitochondrial health in dermatological aging.
08:50	OGURA Yuki	Next-generation anti-aging strategy for the wrinkle improvement and prevention
09:00	SACHDEV Mukta	Beauty that lasts – the longevity aesthetic blueprint
09:10	GUNN David	Youthful looks and health
09:20	COUTURAUD Virginie	The science of Reverse Aging beyond anti aging
09:30	VALIN Elodie	Proteome protection as the key to skin cellular longevity: a new topical approach inspired by recent discoveries in age-related diseases
09:40		Discussion and Q&A



Epigenetics & skin aging – Transforming daily skincare practice		
Room 242 • Friday 30 Jan, 10:30 – 12:30		
10:30	KERSCHER Martina J	Chair
10:30	KOUROSH Shadi	Chair
10:30	SUH Brian Byung Fhy	Innovative approaches to reversing skin aging: PDK1 inhibition and RE.D flavonoid
10:42	KERSCHER Martina J	How epigenetics could impact your daily practice
10:54	JUCHAUX Franck	A novel encapsulation technology to reverse age-related epigenetic alterations in skin.
11:06	GALADARI Hassan	Reversing Skin Age: Epigenetic Science Meets Aesthetics
11:18	KOUROSH Shadi	Epigenetics in precision skincare
11:30	BEN KHALIFA Youcef	Integrative study of skin aging in phototypes V and VI: insights from a Senegalese cohort
11:42	INOUE Daigo	New strategy for preventing formation and aggravation of age spots with cosmeceuticals
11:54	DALBOS BOUILLARD Barbara	Epigenetics and hyperpigmentation: how can epigenetics go beyond the classic "anti-tyrosinase" approach?
12:06		Discussion and Q&A

Microbiome & skin aging – The anti-aging skincare connection		
Room 242 • Friday 30 Jan, 14:00 – 15:30		
14:00	FARRIS Patricia K	Chair
14:00	MAHTO Anjali	Chair
14:00	HADDAD Alessandra	How microbiomics research can change our daily work!
14:12	CLAVAUD Cecile	Microbiome, aging and longevity : a new skincare playground
14:24	MADHUMITA Monisha	Microbiome and Melanin: rethinking skin longevity in skin of color
14:36	HOPTROFF Michael	Microbiome & skin aging : the anti-aging skincare connection
14:48	HO Linh	Synergizing Exosomes and the Skin Microbiome: A Novel Clinical Protocol for Enhanced Non-Invasive Skin Rejuvenation
15:00	AL QAHTANI Ahmed	Microbiome and beyond: how to navigate emerging trends in skincare
15:12		Discussion and Q&A

Nutrition & nutraceuticals for skin aging – Balancing risks and benefits!		
Room 242 • Friday 30 Jan, 16:00–17:00		
16:00	FANIAN Ferial	Chair
16:00	GOLD Michael H	Chair
16:00	SHARMA Aseem	Nutrition in Dermatology: an evidence-based review
16:12	COLLINS Luisa	You are what you eat: effect of a Vegan diet on epigenetic changes and skin attributes.
16:24	FARRIS Patricia K	Evidence based anti-aging nutraceuticals
16:36	PIQUERO CASALS Jaime	Targeting skin pigmentation from within: clinical outcomes of oral adjuncts in melasma and hyperpigmentation
16:48		Discussion and QA