

IMCAS

International Master Course on Aging Science

India Goa

**AESTHETIC SCIENCE,
SURGERY & DERMATOLOGY**

**RADISSON BLU RESORT
CAVELOSSIM BEACH**



With the endorsement of the
Indian Association of Aesthetic Plastic
Surgeons
(IAAPS)



In collaboration with the
International Peeling Society
(IPS)

**3 days of intensive
scientific courses**

**NOVEMBER
20 TO 22, 2015**

www.imcas.com

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GENERAL INFORMATION

› Official Conference Language

English is the official congress language.

› Conference Admission and Exhibition Hall

Admission is by badge only. An adult must accompany children under the age of 16. IMCAS India 2015 showcases companies who are displaying their products and services on the same floor as the conference rooms.

› Nominal Badges

IMCAS strictly complies with the criteria required for CME accreditation. That is why access to the conferences is subject to a number of strict rules, aiming to guarantee the scientific independence of the conferences, and to preserve them from any commercial interest or influence. A precise Badge Policy has been implemented, specifying the rules related to the admittance to the different areas of IMCAS conferences. A different bar-coded badge is issued according to the status of each participant (delegate, faculty, exhibitor etc.) The violation of the IMCAS Badge Policy authorizes IMCAS staff to take measures and may lead to the withdrawal of the badge and the prohibition of access to the conference area.

Full delegate badge holders have access to:

- › all conference sessions throughout the 3 days
- › the exhibition area
- › daily lunch, dinner and coffee breaks
- › networking dinner and gala dinner

› Badge categories

IMCAS welcomes all professionals dealing with aesthetics: doctors and related professionals. Access to the exhibition is granted to all badge holders, whereas access to the conference rooms depends on the type of badge held.

› Program book and USB-Key

Each delegate will receive a free IMCAS India 2015 USB-key that contains a link to all the abstracts that have been accepted by the Scientific Committee. Companies and participants may copy materials for their personal use but further copy for sale or for any other commercial purpose is prohibited without prior permission from IMCAS.

› CME Credits and Evaluation Forms

Your evaluation of this meeting is extremely important to the Scientific Committee in preparing future events. Moreover, CME credits will not be given to educational congresses unless Evaluation Forms are filled in by attendees. Evaluation Forms should be electronically filled in within one month after the congress. A Certificate of Attendance will then be automatically established and emailed to the attendee.

› Coffee and lunch breaks

Coffee breaks and lunches are served on site to allow our delegates to fully visit the exhibition hall. Complimentary food and beverages are provided to Delegate and Faculty badge holders only and to Exhibitor badge holders in

possession of a corresponding coupon. It is our primary concern to provide you with the freshest and best products. A particular attention has been given to the content of the lunch buffets.

Friday

- › Lunch break; 1 to 2 pm
- › Coffee break; 4 to 4:30 pm
- › Networking dinner: 7:30 pm

Saturday

- › Lunch break; 1 to 2 pm
- › Coffee break: 10:30 to 11 am and 4 to 4:30 pm
- › Dancing gala dinner: 8 pm

Sunday

- › Lunch break; 2 to 3 pm
- › Coffee break: 10:30 to 11 am

› Insurance

Neither IMCAS Secretariat nor the Radisson Blu Resort accept any liability for damages and/or losses of any kind which may be incurred by congress participants or by any persons accompanying them, during both the official conferences and the social program. Attendees may participate in all events at their own risk. Attendees are advised to take out insurance against loss, accidents or damages that could be incurred during the Congress. Verbal agreements will not be binding unless they are confirmed in writing.

› E-learning Station

Visit the IMCAS E-learning Station to browse the internet, submit your evaluation and watch videos of previous IMCAS conference demonstrations.

› Recording Policy

Recording (Photographic, Video and Audio) of the sessions of IMCAS congresses is STRICTLY PROHIBITED. Violators will be banned from future meetings and equipment will be confiscated.

› Mobile Phones

As a courtesy to all presenters and attendees, please turn off your mobile phone and/or pager while attending sessions.

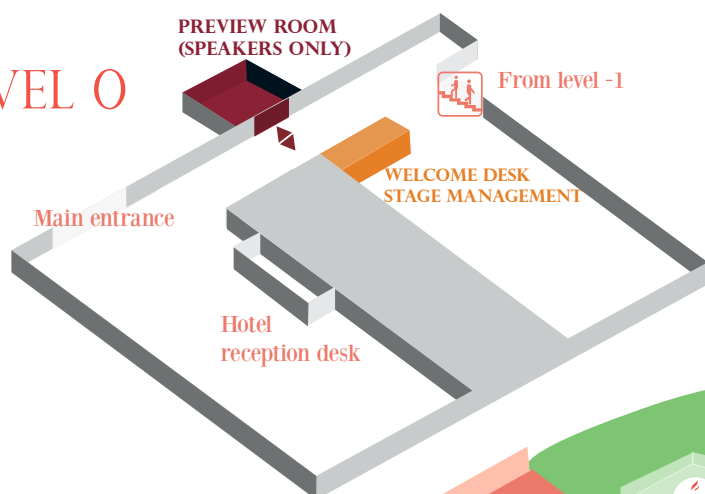
› Speaker's Preview Room

All sessions are equipped with computer projection. In order to ensure a successful congress, speakers are asked to have their presentations delivered to the Preview Room at least 2 hours before the start of the session or on the day before.

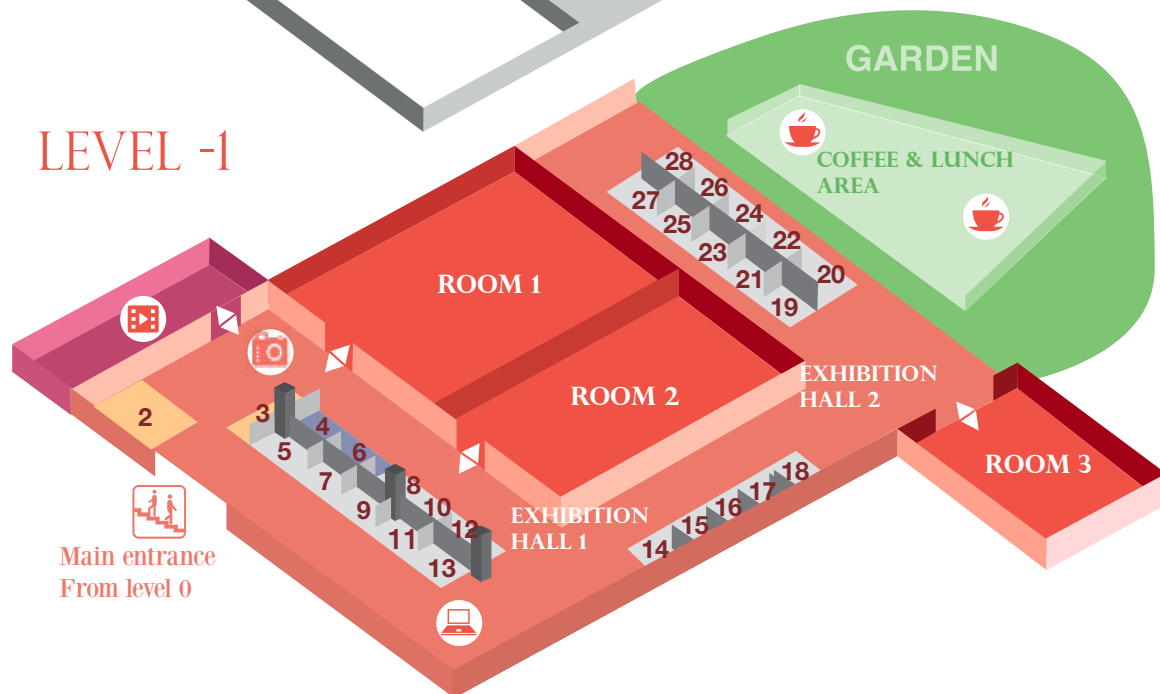
Speakers: please, present yourselves at the Speaker Welcome Desk where you will be given all necessary information.

CIRCULATION MAP

LEVEL 0



LEVEL -1



LEGEND

- Conference rooms
- Exhibition hall
- Gold sponsors
- Silver sponsors
- Bronze & Classic sponsors
- Food stations (coffee and lunch breaks)
- IMCAS e-learning station
- Webcast lecture corner
- Photo booth

EXHIBITORS

BOOTH NUMBER

ALKEM LABORATORIES	23
ALLERGAN HEALTHCARE INDIA PVT LTD	13
BAUSCH + LOMB INDIA	4 - 6
BISON MEDICAL	28
BTL INDIA PVT LTD	5
CHADDA SURGICALS	19
DHI INDIA	11
G3 COSMECEUTICALS	10
HYDRAFACIAL MD - EDGE SYSTEMS	9
IBC MEDICAL SERVICES	24
IMCAS WORLDWIDE CONGRESSES	25
LEADER HEALTHCARE	7
LG LIFE SCIENCES INDIA PVT LTD	2
LUMENIS INDIA PVT LTD	8
MEIJI INDIA PVT LTD	14
MERZ INDIA HEALTHCARE PRIVATE LTD	20
RESTORATION ROBOTICS INC	12
SHREE GANESH ENTERPRISES INDIA	22
SINCLAIR PHARMACEUTICALS	15 - 16
SKINNOVATION PVT LTD	17 - 18
STELLAR MEDICAL	21
ULTRA V CO LTD	3
VENUS CONCEPT	26

WELCOME TO IMCAS India 2015

RADISSON BLU RESORT CAVELOSSIM BEACH

Dear Colleagues,

We would like to extend a warm welcome to you for this, our 5th anniversary edition of IMCAS India. It seems fitting that Goa, India's smallest state, plays host to IMCAS India, the smallest of all the IMCAS congresses. Much like the host region, which is packed with beautiful beaches, unusual flora and fauna and historical monuments, IMCAS India squeezes a huge number of international experts, fascinating scientific sessions and great networking opportunities into just three days.

This year we are focusing more than ever on practical education. The entire first day will be dedicated to interactive practical classes that will give you insights into anatomy for injections as well as a more profound knowledge of the best techniques to use for injecting different areas of the face and for employing lasers and EBD for a number of diverse indications.

Over the rest of the weekend, we have worked hard to bring you a varied and complete scientific program that will bring you up to date on the essential topics in aesthetic plastic surgery and cosmetic dermatology with a special focus on Indian particularities and preferences. Wherever your interests lie, our program will surely have something to offer you: from pigmentation, hair transplants and threads to lipofilling, body contouring and face surgery.

Alongside the scientific program, a whole host of companies and laboratories will present their latest products and devices at the industry exhibition. Your evenings will not go to waste either; two sumptuous dinners will give you ample occasion to reconnect with old colleagues and to make new acquaintances.

We are once again delighted to welcome you to Goa for IMCAS India and we very much look forward to sharing three days of great learning experiences with you.

Benjamin ASCHER, IMCAS India Course Director

FEEDBACK FROM OUR INDIAN ATTENDEES*

It was a great learning conference. The whole format is just fabulous and deals with various current aesthetic medical and surgical techniques in a very rational way. There is a perfect mix of different specialties willing to learn from each other and sharing the best of their knowledge.

**Dr Suruchi GUPTA, Dermatologist,
Chandigarh, India**

Excellent organisation and very welcoming and co-operative and knowledgeable staff. Bravo! Attendees were looked after at all times. Super coordination.

**Dr Satish AROLKAR, Plastic Surgeon,
Mumbai, India**

I thoroughly enjoyed all the sessions. Very well organised with good scientific content. It was informative, comprehensive and the emphasis on practical aspects and tips and secrets shared by many dermatologists would definitely help us in applying them to our cosmetology practice. I would definitely recommend it to my colleagues next year and am looking forward to many more conferences.

Dr Vibha BHAT, Dermatologist, Pune, India

IMCAS is a very good platform for young dermatologists. It gives very good information regarding new innovations in aesthetic and cosmetic dermatology. Great lectures and live demonstrations are given by the experts. It was a very good experience to attend such an informative conference and I would like to attend the same in the future.

**Dr Maitreyi PATEL, Dermatologist,
Ahmedabad, India**

I enjoyed the conference and updated my knowledge considerably. The organization was very good and everything ran on time. The gala dinner was great fun! I look forward to attending more IMCAS conferences in the future.

Dr Vivek NAIR, Dermatologist, Gurgaon, India

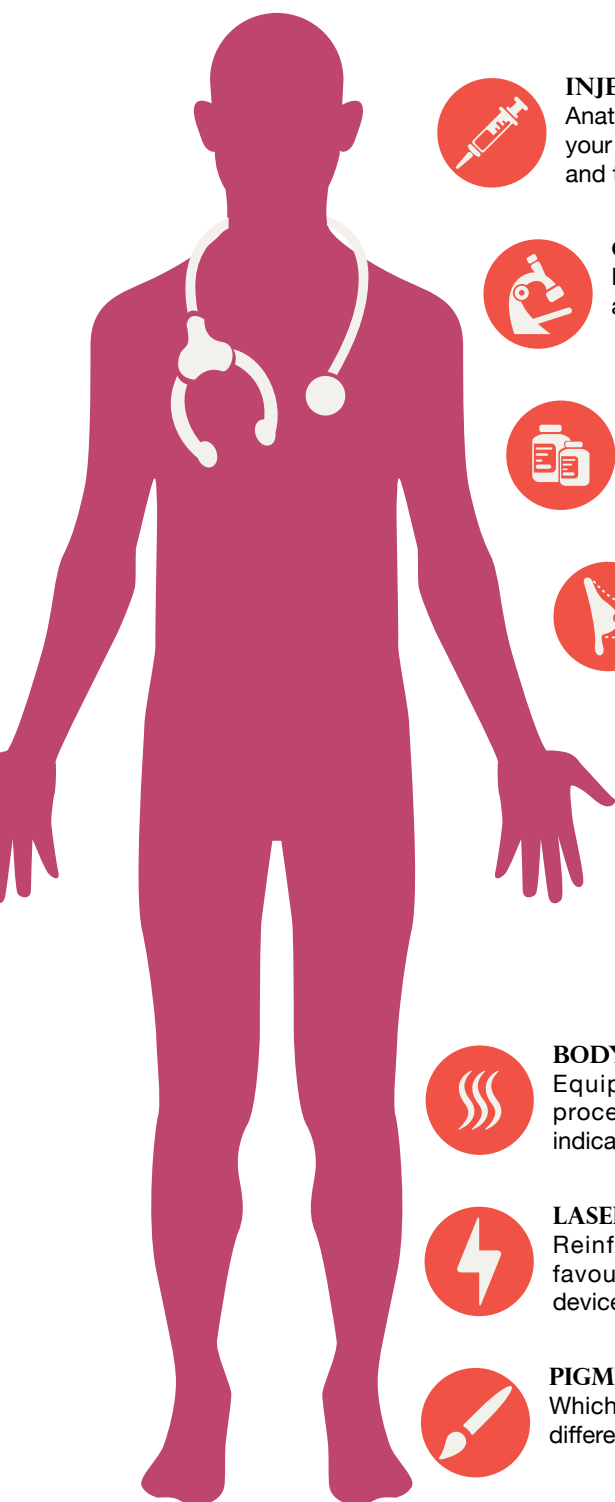
The workshop and the quality of scientific sessions were excellent and I have learnt a lot. Registration and organization team were very helpful and cooperative and spoke excellent English, which I had not expected! Venue, sound and lighting at conference was very good as well.

**Dr Sunaina HAMEED, Dermatologist,
Bangalore, India**

*quoted from IMCAS India 2014

WE'VE GOT IT COVERED FROM TOP-TO-TOE!

IMCAS INDIA 2015 IN A NUTSHELL



INJECTABLES

Anatomy classes, practical classes, live demonstrations and classic sessions will all enrich your injectables techniques. Get involved in the **Video Anatomy on Cadaver for Injections** and the **Live Interactive Practical Class** which will take place all day on Friday.



CLINICAL DERMATOLOGY

Learn about the latest options available to treat common ailments such as rosacea and psoriasis.



COSMECEUTICALS

What is new in this quickly developing sector? Discover the latest trends in this increasingly important field.



BREAST SURGERY

Bring yourself up to date on breast augmentation, breast reduction, mastopexy, gynecomastia, breast lift and more.



BODY SURGERY

Learn the best techniques to use for a variety of surgical procedures including abdominoplasty, arm lift and buttock augmentation.



LIPOFILLING

Lipofilling is becoming more and more popular in plastic surgery practices; inform yourself on the best techniques to use to get the best outcomes for your patients.



BODY SHAPING

Equip yourself to choose the best procedures and devices for different indications.



LASERS & EBD

Reinforce your knowledge of old favourites and discover the latest devices on the market.



PIGMENTATION

Which devices work best to treat different pigmentation disorders?



PROFESSIONAL BUSINESS

Learn the ropes of marketing, practice management and digital communication.



HAIR RESTORATION

One of the most popular procedures in India; learn about the latest advances in this field.



RHINOPLASTY

Compare the advantages of medical and surgical rhinoplasty.



FACELIFT

Explore different options for rejuvenating the face and neck.



SPEAKER LIST

COURSE DIRECTOR

ASCHER Benjamin, Plastic Surgeon, France

COURSE COORDINATORS

CASSUTO Daniel, Plastic Surgeon, Italy
KOHLI Malavika, Dermatologist, India
SACHDEV Mukta, Dermatologist, India

COURSE SCIENTIFIC SECRETARIES

ACQUILLA Raj, MD, United Kingdom
AURANGABADKAR Sanjeev, Dermatologist, India
CHHABRA Chiranjiv, Dermatologist, India
PATEL Tapan, MD, United Kingdom
SINGH Kuldeep, Plastic surgeon, India

COURSE SCIENTIFIC COMMITTEE

AROLKAR Satish K, Plastic surgeon, India
DAVALBHAKTA Ashish, Plastic surgeon, India
KHANNA Manoj, Plastic surgeon, India
MURUGESAN Ramasamy, Plastic surgeon, India
PAVICIC Tatjana, Dermatologist, Germany

FACULTY

AGRAWAL Kapil Kumar S, Plastic surgeon, India
ANAND Chytra V, Dermatologist, India
CATALDO Daniel, Plastic surgeon, Italy
CHATRATH Vandana, Dermatologist, India
CHATURVEDI Pankaj, Dermatologist, India
CHOPRA Manisha, Industry representative, India
DESAI Viral Ramesh, Plastic surgeon, India
DESHPANDE Bipin, Dermatologist, India
DHEPE Niteen Vishwanath, Dermatologist, India
DIXIT Rasya K, Dermatologist, India
GANJOO Anil, Dermatologist, India
GODSE Kiran, Dermatologist, India
GOEL Apratim, Dermatologist, India
GOUT Uliana, Dermatologist, United Kingdom
GUPTA Amit, Plastic surgeon, India
HECKMANN Marc, Dermatologist, Germany
JOSHI Ravi Kumar, Dermatologist, India
KALE Rahul, Industry representative, India
KAPOOR Rinky, Dermatologist, India
KHUNGER Niti, Dermatologist, India
LUTHRA Amit, Dermatologist, India
NAIR Akshay G, Oculoplastic surgeon, India
PAI Jamuna, Dermatologist, India
PAI Ganesh Srinivas, Dermatologist, India
PAUN Santdeep, Facial plastic surgeon, United Kingdom
SAHA Shiv Shankar, Facial plastic surgeon, India
SHAH Swapnil D, Dermatologist, India
SHETTY Rashmi, MD, India
SHOME Debraj, Facial plastic surgeon, India
SRIVASTAVA Swati, Dermatologist, India
SUNDRA Vandana, Industry representative, India
TREACY Patrick J, Cosmetic surgeon, Ireland
VASAN M M Thirumalai, Cosmetic surgeon, India
WAGH Milind Shashikant, Plastic surgeon, India

CONTRIBUTING AND SYMPOSIUM SPEAKERS

ADIGBLI George, PHD - Research, United Kingdom
AMLANI Girish Narindas, Plastic surgeon, India
BHATTACHARYA Soham K, Dermatologist, India
CHANDVANIA K R, Dermatologist, India
GUPTA Suruchi, Dermatologist, India
KRISHNA Gaurang, Dermatologist, India
KWON Han Jin, Plastic surgeon, South Korea
MEHTA Vivek, Dermatologist, India
RADION Elena, Dermatologist, Russia
SENA CARVALHO Agueda Celestina Carmo, Plastic surgeon, Portugal
SON Sang Seop, Plastic surgeon, South Korea

IMCAS India 2015 KEY MOMENTS

20 FRIDAY NOVEMBER 2015

From 9 AM onwards
Registration & badge pick-up
11 AM - 6:30 PM
Conference & Exhibition
11 AM - 1 PM
Video Anatomy on Carver
for injections
2 PM - 6:30 PM
Interactive practical classes
7:30 PM
Evening networking dinner

21 SATURDAY NOVEMBER 2015

From 7 AM onwards
Registration & badge pick-up
8:30 AM - 6:30 PM
Conference & Exhibition
12 PM - 1 PM
Live demonstrations: fillers & toxins
2 PM - 3 PM
Live demonstrations: threads
2 PM - 4 PM
Live demonstrations: lasers & EBD
8 PM
Dancing gala dinner

22 SUNDAY NOVEMBER 2015

8:30 AM - 2 PM
Conference & Exhibition
3 PM
End of IMCAS India 2015

FRIDAY NOVEMBER 20

ROOM 1 PRACTICAL WORKSHOP	ROOM 2 SURGERY	ROOM 3 INTERMIX
REGISTRATION		
VIDEO		
11 AM - 1 PM		
MODULE 1		
VIDEO ANATOMY ON CADAVER FOR AESTHETIC INJECTIONS		
		
11 AM - 12 PM		
SESSION 1 Body surgery	SESSION 1 Free power injections	SESSION 1 Free power injections
12 PM - 1 PM		
SESSION 2 Breast surgery	SESSION 2 Free power injections	SESSION 2 Free power injections
LUNCH BREAK		
2 PM - 6:30 PM		
LIVE		
MODULE 2		
INTERACTIVE PRACTICAL CLASS WITH SUCCESSIVE LIVE DEMONSTRATIONS ON PATIENTS		
<i>Each delegate will participate in the live demonstrations by rotating through 8 different treatment rooms.</i>		
		
Injectables & threads		
1. Periorbital & temple		
2. Nasolabial & nose		
3. Jawline & chin & neck		
4. Lips		
5. Threads		
Lasers & EBD		
1. Acne scars		
2. Pigmented lesions		
3. Hair removal		
COFFEE BREAK		
4:30 PM - 5:30 PM		
SESSION 3 Facelift	SESSION 3 Free power injections	SESSION 3 Free power injections
5:30 PM - 6:30 PM		
SESSION 4 Gynecomastia	SESSION 4 Free power injections	SESSION 4 Free power injections
NETWORKING DINNER		

SATURDAY NOVEMBER 21

ROOM 1 INJECTABLES	ROOM 2 CLINICAL DERMATOLOGY & LASERS	ROOM 3 THREADS & HAIR RESTORATION
REGISTRATION		
SESSION 12		
Upper face: periorbital & temple		
SESSION 21		
Clinical dermatology: acne		
SESSION 28		
Sustaining devices		
SESSION 18		
Mid face: nasolabial & nose		
SESSION 22		
Clinical dermatology: rhinoma		
SYMPOSIUM 1		
COFFEE BREAK		
SESSION 15		
Lower face: chin, jawline, lips & neck		
SESSION 25		
Clinical dermatology: vitiligo & melasma		
SYMPOSIUM 2		
SESSION 16		
Live demonstrations: fillers & toxins		
SESSION 24		
Combined treatments		
SYMPOSIUM 3		
LUNCH & POSTER SESSION		
SESSION 17		
Live demonstrations: threads		
SESSION 26		
Live demonstrations: lasers & EBD		
SESSION 30		
Hair restoration: techniques		
COFFEE BREAK		
SESSION 19		
Combined treatments by injections		
SESSION 29		
Hair removal		
SESSION 31		
Hair restoration for women		
SESSION 20		
Difficult areas for injection		
SESSION 27		
Tattoo removal		
SESSION 32		
Scars: surgical vs. medical		
DANCING GALA DINNER		

India **Goa** - Celebrating the 5th anniversary!
PERUSE THE PROGRAM

IMCAS India 2015

KEY MOMENTS

20 FRIDAY NOVEMBER 2015

From 9 AM onwards
Registration & badge pick-up

11 AM - 6.30 PM
Conference & Exhibition

11 AM - 1 PM
Video Anatomy on Cadaver
for Aesthetic Injections

2 PM - 6.30 PM
Interactive practical classes

7.30 PM
Evening networking dinner

21 SATURDAY NOVEMBER 2015

From 7 AM onwards
Registration & badge pick-up

8.30 AM - 6.30 PM
Conference & Exhibition

12 PM - 1 PM
Live demonstrations: fillers & toxins

3 PM - 4 PM
Live demonstrations: lasers & EBD









8 PM
Dancing gala dinner

22 SUNDAY NOVEMBER 2015

8.30 AM - 2 PM
Conference & Exhibition

3 PM
End of IMCAS India 2015

FRIDAY NOVEMBER 20

	PRACTICAL WORKSHOP	ROOM 2 SURGERY	ROOM 3 INTERFACE
9 AM 11 AM	REGISTRATION 		
	11 AM - 1 PM MODULE 1 ROOM 1 VIDEO ANATOMY ON CADAVER FOR AESTHETIC INJECTIONS 	11 AM - 12 PM SESSION 1 <i>Body surgery</i>	11 AM - 12 PM SESSION 7 <i>Free papers Interface</i>
		12 PM - 1 PM SESSION 2 <i>Breast surgery</i>	12 PM - 1 PM SESSION 8 <i>Free papers Surgery</i>
1 PM 2 PM	LUNCH BREAK 		
	2 PM - 6.30 PM  MODULE 2 INTERACTIVE PRACTICAL CLASS WITH SUCCESSIVE LIVE DEMONSTRATIONS ON PATIENTS <i>Each delegate will participate in the live demonstrations by rotating through 8 different treatment rooms</i>	2 PM - 3 PM SESSION 3 <i>Blepharoplasty & surgical periorbital rejuvenation</i>	2 PM - 3 PM SESSION 9 <i>Peels in collaboration with the IPS</i>
		3 PM - 4 PM SESSION 4 <i>Rhinoplasty</i>	3 PM - 4 PM SESSION 10 <i>Male aesthetics & trends</i>
	Injectables & threads: 1. Periorbital & temple 2. Nasolabial & nose 3. Jawline & chin & neck 4. Lips 5. Threads Lasers & EBD: 6. Acne scars 7. Pigmented lesions 8. Hair removal	COFFEE BREAK 	
		4.30 PM - 5.30 PM SESSION 5 <i>Facelift</i>	4.30 PM - 5.30 PM SESSION 11 <i>New products & new devices</i>
		5.30 PM - 6.30 PM SESSION 6 <i>Gynecomastia</i>	5.30 PM - 6.30 PM SESSION 12 <i>IMCAS India Tribune: Cosmeceutical market</i>
7.30 PM	NETWORKING DINNER 		

GO ONLINE TO SEE ALL THE LECTURES AND ABSTRACTS

SATURDAY NOVEMBER 21

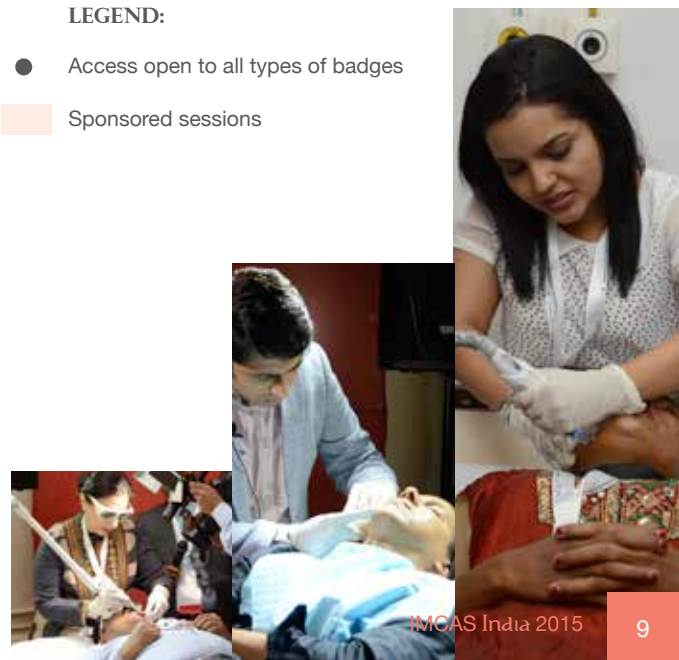
	ROOM 1	ROOM 2	ROOM 3
	INJECTABLES	CLINICAL DERMATOLOGY & LASERS	THREADS & HAIR RESTORATION
FROM 7 AM ONWARDS	REGISTRATION		
8.30 AM 9.30 AM	SESSION 13 <i>Upper face: periorbital & temple</i>	SESSION 21 <i>Clinical dermatology: acne</i>	SESSION 29 <i>Suspending devices</i>
9.30 AM 10.30 AM	SESSION 14 <i>Mid face: nasolabial & nose</i>	SESSION 22 <i>Clinical dermatology: rosacea</i>	SYMPOSIUM 1 <i>BAUSCH + LOMB</i>
10.30 AM 11 AM	COFFEE BREAK		
11 AM 12 PM	SESSION 15 <i>Lower face: chin, jawline, lips & neck</i>	SESSION 23 <i>Clinical dermatology: vitiligo & melasma</i>	SYMPOSIUM 2 <i>ULTRA V CO LTD</i>
12 PM 1 PM	SESSION 16 <i>Live demonstrations: fillers & toxins</i>	SESSION 24 <i>Combined treatments by EBD and alternative methods</i>	SYMPOSIUM 3 <i>ULTRA V CO LTD</i>
1 PM 2 PM	LUNCH INTRODUCTION TO IMCAS ACADEMY (ROOM 1)		
2 PM 3 PM	SESSION 17 <i>Injection adapting Indian morphotypes</i>	SESSION 25 <i>Lasers for darker skin</i>	SESSION 30 <i>Hair restoration: theories</i>
3 PM 4 PM	SESSION 18 <i>Facial vascular complications by injections</i>	SESSION 26 <i>Live demonstrations: lasers & EBD</i>	SESSION 31 <i>Hair restoration: techniques - including video demonstrations</i>
4 PM 4.30 PM	COFFEE BREAK		
4.30 PM 5.30 PM	SESSION 19 <i>Combined treatments by injections and alternative methods</i>	SESSION 27 <i>Hair removal</i>	SESSION 32 <i>Hair restoration for women - including video demonstrations</i>
5.30 PM 6.30 PM	SESSION 20 <i>Difficult areas for injection</i>	SESSION 28 <i>Tattoo removal</i>	SESSION 33 <i>Scars: surgical vs medical</i>
8 PM	DANCING GALA DINNER		

SUNDAY NOVEMBER 22

	ROOM 1	ROOM 2	ROOM 3
	COSMECEUTICALS & MANAGEMENT	LASERS & EBD	REGENERATIVE MEDICINE
	MORNING WELCOME		
	SESSION 34 <i>Cosmeceuticals: evidence based medicine</i>	SESSION 38 <i>Lasers & EBD: what's new?</i>	SESSION 43 <i>Lipofilling: face</i>
	MEET THE EXPERTS <i>2015 update of techniques in face surgery</i>	SESSION 39 <i>Lasers & EBD: pigmentation</i>	SESSION 44 <i>Lipofilling: breast & body</i>
	COFFEE BREAK		
	SESSION 35 <i>Nutraceuticals</i>	SESSION 40 <i>Lasers & EBD: Acne & scar</i>	SYMPOSIUM 5 <i>BISON MEDICAL CO LTD</i>
	SESSION 36 <i>Patient management</i>	SESSION 41 <i>Skin tightening</i>	SESSION 45 <i>PRP & growth factors & stem cells</i>
	SESSION 37 <i>Professional business</i>	SESSION 42 <i>Body shaping</i>	SESSION 46 <i>Lipolysis & liposuction</i>
	LUNCH BREAK		
	END OF IMCAS INDIA 2015		

LEGEND:

- Access open to all types of badges
- Sponsored sessions



THINK 'CEUTICALS'

3 DEDICATED SESSIONS on cosmeceuticals and nutraceuticals



IMCAS is celebrating its fifth anniversary edition in India with **3** brand new sessions under the spotlight.

You will learn about cosmeceuticals and nutraceuticals through high-level teaching by international experts, explore the science, practical clinical studies and treatment options in this sphere, and study the business development opportunity in these fields.

2
SUNDAY
from 8:30 to 9:30 am

COSMECEUTICALS: evidence-based medicine

This scientific session aims to present the highest evidence collected and studied in the cosmeceuticals field together with their practical clinical implications.

The session will cover the treatment of pigmentation and darker skin types with cosmeceuticals as well as skin care regimes and protection against sun damage.

CHAIRS

Dr Malavika Kohli
Dr Tapan Patel
Ms Vandana Sundra

SPEAKERS

Dr Uliana Gout
Dr Mukta Sachdev
Dr Tatjana Pavicic

IMCAS India TRIBUNE: cosmeceuticals market

The global physician dispensed cosmeceuticals market is projected to grow by more than 18% per year to reach a value of 1.8 billion USD by 2018. Consequently, the Indian cosmeceutical and nutraceutical market cannot be neglected.

Indian cosmeceuticals companies' representatives bring their knowledge of the field to this session and share with attendees the experiences, discoveries and inventions.

CHAIRS

Dr Chytra Anand
Dr Benjamin Ascher
Dr Niteen Vishwanath Dhepe

SPEAKERS

Ms Manisha Chopra
Dr Uliana Gout
Mr Rahul Kale
Ms Vandana Sundra

FRIDAY
from 5:30 to 6:30 pm

NUTRACEUTICALS

Both evidence-based medicine about the importance of advanced glycation end products in aging and clinical applications of biomolecules in skin and hair will be discussed within this nourishing session.

CHAIRS

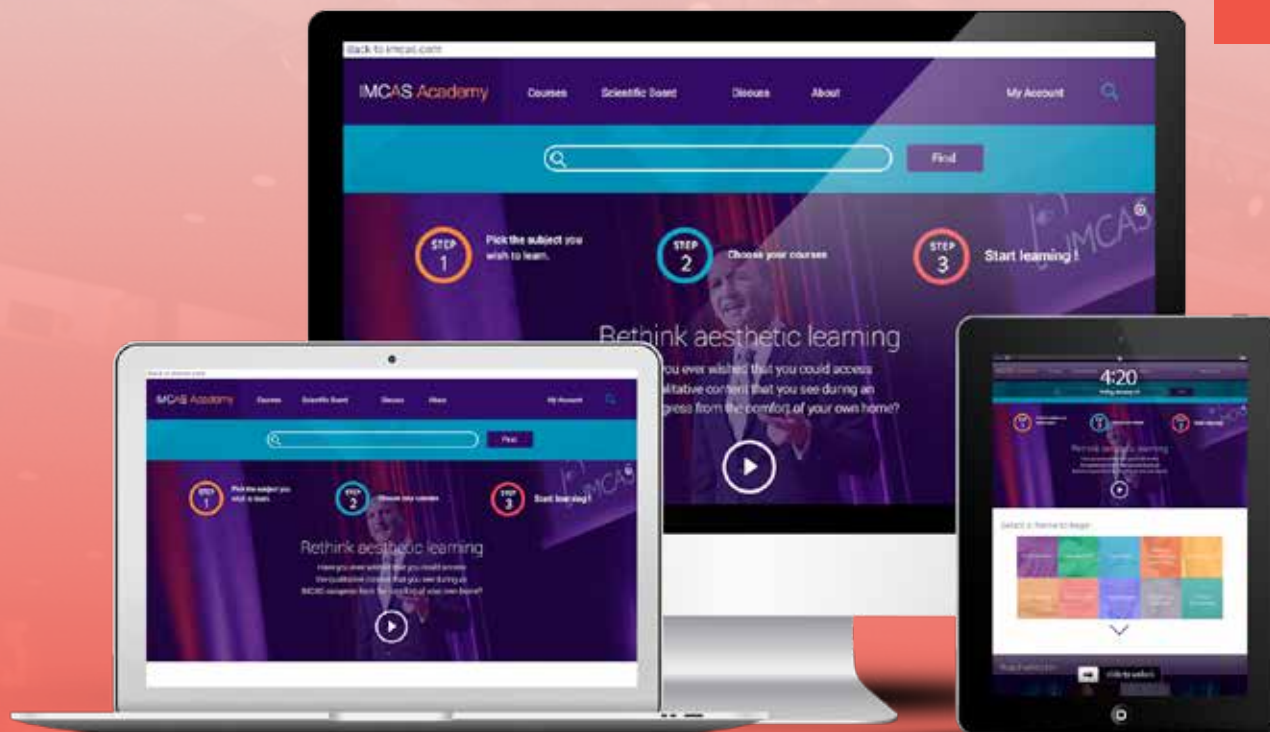
Ms Manisha Chopra
Dr Rasya Dixit
Dr Kiran Godse

SPEAKERS

Dr Vandana Chatrath
Dr Malavika Kohli

3
SUNDAY
from 11 am to 12 pm





An introduction to IMCAS Academy Saturday from 1 to 2 pm, Room 1

The *e-learning* platform for your everyday practice.

What is IMCAS Academy?

IMCAS Academy is a place to learn

Hundreds of lectures are filmed throughout the year at our congresses around the world. Access these videos at any time via the IMCAS Academy video library.

IMCAS Academy is portable

Access and enjoy IMCAS Academy from the comfort of your home, the bustle of your office or even on-the-go. All you need is an internet connection.

IMCAS Academy is a way to communicate

Send messages to the authors of your favourite lectures, start discussion groups and learn from your peers throughout the world.

IMCAS Academy is unique

With hundreds of contributors from all over the world and a focus on video content, IMCAS Academy is a one-of-a-kind way to improve your aesthetic medical skills.

Find out more at this special lunchtime session

Anytime, Anywhere



PRACTICAL WORKSHOP

This introductory workshop is designed to give you an intensive, comprehensive and practical update in the fields of anatomy, injectables, lasers, energy-based devices and threads.

Module 1: Video anatomy on cadaver for aesthetic injections

This two hour video session led by experts in the field of injectables will refresh your knowledge of anatomy for injections. Drawing upon hours of video footage filmed during previous IMCAS conferences, the session will present dissections on cadavers and demonstrations on patients side-by-side thus giving you an immediately comparable vision of the direct implications of injection technique under the skin.

Module 2: Interactive practical class with successive live demonstrations on patients

The four hour afternoon class will enable you to see demonstrations at close-hand as you rotate in small groups around 8 treatment rooms.

Don't forget to pick up your anatomy worksheet that will enable you to identify and review all of the topics covered in the video anatomy module, area by area.

MODULE 1

11:00 AM

1:00 PM

Video anatomy on cadaver for aesthetic injections

- > Part 1 - Anatomy: facial muscles (video & powerpoint)
Benjamin ASCHER (27886 / 20 min)
- > Debate
(27894 / 10 min)
- > Part 2 - Anatomy: volumetry and fat compartments (video & powerpoint)
Kuldeep SINGH (27896 / 20 min)
- > Debate
(27900 / 10 min)
- > Part 3 - Anatomy: specificity of nose, lips and hands (video & powerpoint)
Daniel CASSUTO (27902 / 20 min)
- > Debate
(27906 / 10 min)
- > Part 4 - Anatomy: avoid complications (video & powerpoint)
Raj ACQUILLA (33984 / 20 min)
- > Debate
(33988 / 10 min)

Questions & answers

MODULE 2

2:00 PM

6:30 PM

Interactive practical class with successive live demonstrations on patients

COORDINATORS: *Raj ACQUILLA,*
Tatjana PAVICIC

SUPPORTED BY AN UNRESTRICTED
EDUCATIONAL GRANT FROM
Allergan Healthcare India PVT LTD &
LG Life Sciences India PVT LTD

CLASS 1



live injections
periorbital & temple &
tear trough

Tapan PATEL
(28612 / 4 hours)

CLASS 2



live injections
nasolabial & midface

Chiranjiv CHHABRA
(28616 / 4 hours)

CLASS 3



live injections
jawline & chin & neck

Benjamin ASCHER
(28620 / 4 hours)

CLASS 4



live injections
nose & lips

Malavika KOHLI
(30908 / 4 hours)

CLASS 5



Threads

Satish K AROLKAR
(30912 / 4 hours)

CLASS 6



lasers and energy
based devices
acne scars

Sanjeev AURANGABADKAR
(28628 / 4 hours)

CLASS 7



lasers and energy
based devices
pigmentation

Daniel CASSUTO
(28632 / 4 hours)

CLASS 8



lasers and energy
based devices
hair removal

Mukta SACHDEV
(28636 / 4 hours)



SESSION 01

11:00 AM
12:00 PM

Body surgery

CHAIRS: Daniel CATALDO, Manoj KHANNA

- > Arm lift - 2015 updates
Satish K AROLKAR (27918 / 15 min)
- > Lipoabdominoplasty: recent tips to improve your results
Ashish DAVALBHAKTA (27914 / 15 min)
- > Gluteal augmentation with fat fill and implant
Ramasamy MURUGESAN (25472 / 15 min)

Questions & answers

SESSION 02

12:00 PM
1:00 PM

Breast surgery

CHAIRS: Satish K AROLKAR,
Ramasamy MURUGESAN

- > Superomedial pedicle breast reduction
Manoj KHANNA (27930 / 12 min)
- > Breast surgery evolution without lipofilling
Daniel CATALDO (27932 / 12 min)
- > Augmentation mastopexy by implants or autologous tissue
Milind Shashikant WAGH (33748 / 12 min)
- > Breast asymmetry - where are we now?
Ashish DAVALBHAKTA (28054 / 12 min)

Questions & answers

SESSION 03

2:00 PM
3:00 PM

Blepharoplasty & surgical periorbital rejuvenation

CHAIRS: Daniel CASSUTO, Kuldeep SINGH

- > Evaluation in blepharoplasty - choosing the right patient
Akshay G NAIR (30986 / 12 min)
- > Diagnose, correction and rejuvenation of the 0.5-1 mm eyelid ptosis
Debraj SHOME (30982 / 12 min)
- > Transblepharoplasty mid face lift for periorbital rejuvenation
Ashish DAVALBHAKTA (30984 / 12 min)
- > Periorbital surgical facial rejuvenation - crucial parts procedure without complications
Milind Shashikant WAGH (33752 / 12 min)

Questions & answers

SESSION 04

3:00 PM
4:00 PM

Rhinoplasty

CHAIRS: Santdeep PAUN,
Milind Shashikant WAGH

- > Re-evaluating treatment in the saddle nose deformity
Santdeep PAUN (25746 / 12 min)
- > Difficult cosmetic rhinoplasties
Milind Shashikant WAGH (33746 / 12 min)
- > Thick and wide nose
Shiv Shankar SAHA (24628 / 12 min)
- > Where do we go wrong in rhinoplasty - common mistakes, simple and logical solutions
Kapil Kumar S AGRAWAL (32254 / 12 min)

Questions & answers

SESSION 05

4:30 PM
5:30 PM

Facelift

CHAIRS: Satish K AROLKAR, Shiv Shankar SAHA

- > MACS face-lift with neck lift and simultaneous autologous fat transfer
Milind Shashikant WAGH (33756 / 12 min)
- > Volume restoration with fat grafting and sub-SMAS face lift for facial rejuvenation
Ashish DAVALBHAKTA (23492 / 12 min)
- > The mid-face lift - «a wonderful scar less technique to make you look years younger» - series of 200 cases
Debraj SHOME (24592 / 12 min)
- > Endoscopic face lift - where are we now
Ramasamy MURUGESAN (25484 / 12 min)

Questions & answers

SESSION 06

5:30 PM
6:30 PM

Gynaecomastia

CHAIRS: Ashish DAVALBHAKTA,
Daniel CASSUTO

- > Athletic chest sculpture in gynaecomastia
Ramasamy MURUGESAN (27992 / 12 min)
- > Massive gynaecomastia
Shiv Shankar SAHA (27994 / 12 min)
- > Correction of gynaecomastia by liposuction and trans-nipple excision of gland
Milind Shashikant WAGH (33758 / 12 min)
- > Gynaecomastia - Patient selection and complications
Manoj KHANNA (27998 / 12 min)

Questions & answers

ON THE IMPORTANCE OF SURGERY

Despite the increasing popularity of non- and minimally-invasive treatments over the past few years, invasive procedures still retain an important place within the aesthetic sphere.

Indeed, according to a survey conducted by the International Association of Aesthetic Plastic Surgery (IAAPS), surgical procedures still made up 48% of all procedures performed by plastic surgeons in 2014. The same survey indicates that eyelid surgery, breast augmentation and liposuction continue to be popular around the world.

Furthermore, for many indications, surgery is the only option. IMCAS believes in the continuing importance of invasive procedures in the aesthetic domain and consequently supports education in surgical procedures and concepts. This is why you will find more than 12 sessions dedicated to invasive procedures in the IMCAS India 2015 scientific program.

SESSION 07

11:00 AM
12:00 PM

Free papers: interface

CHAIRS: Ravi Kumar JOSHI, Niti KHUNGER

- > Periorbital rejuvenation with platelet rich plasma - an experience of 57 cases from eastern India
Soham K BHATTACHARYA (33865 / 12 min)
- > Facial contouring redefined: a novel no-filler, no-botulinum toxin technique
Suruchi GUPTA (34121 / 12 min)
- > Dual laser toning technique for skin rejuvenation and pigmentary disorders in Indian skin
Vivek MEHTA (33975 / 12 min)
- > Experience of various non ablative lasers in skin rejuvenation in Asian skin - 15 years of experience
K R CHANDVANIA (23214 / 12 min)
- > Pearls and pebbles in FUE hair transplant
Gaurang KRISHNA (34661 / 12 min)

Questions & answers

SESSION 08

12:00 PM
1:00 PM

Free papers: surgery

CHAIRS: Viral Ramesh DESAI,
M M Thirumalai VASAN

- > Defining ethnicity in cosmetic rhinoplasty
Santdeep PAUN (25734 / 12 min)
- > Liposuction - 100 cases
Girish Narindas AMLANI (34053 / 12 min)
- > A clinical application of 100% polylactic acid reinforcing resorbable threads (France) to correct paracmastic skin transformations
Elena RADION (34311 / 12 min)
- > The problems in the therapeutic approach of scars keloids - the purpose of some clinical cases
Agueda Celestina Carmo SENA CARVALHO (31743 / 12 min)

Questions & answers

SESSION 09

2:00 PM
3:00 PM

Chemical peels - in collaboration with the International Peeling Society

CHAIRS: Uliana GOUT, Tatjana PAVICIC

- > Chairs introduction of International peeling society
(34322 / 5 min)
- > A-Z of the basics
Uliana GOUT (25114 / 10 min)
- > What's new?
Tatjana PAVICIC (26922 / 10 min)
- > For dark skins
Mukta SACHDEV (28530 / 10 min)
- > For periocular
Niti KHUNGER (31902 / 10 min)
- > Extensive post-inflammatory hyperpigmentation in a stable pemphigus vulgaris case treated with IPL and chemical peels
Bipin DESHPANDE (23770 / 10 min)

Questions & answers

SESSION 10

3:00 PM
4:00 PM

Male aesthetics and trends

CHAIRS: Chytra V ANAND, Kuldeep SINGH

- > Basic overview of aesthetics for the Indian male
Mukta SACHDEV (31800 / 15 min)
- > Understanding the Indian male specifics
Malavika KOHLI (28550 / 15 min)
- > Injectables in men - changing trends
Kuldeep SINGH (28546 / 15 min)

Questions & answers

SESSION 11

4:30 PM
5:30 PM

New products & new devices

CHAIRS: Benjamin ASCHER, Uliana GOUT

- > Early detection of skin cancer precursors by optical coherence tomography (OCT)
Marc HECKMANN (23884 / 15 min)
- > The view from above: a head mounted HD camera - a novel technique for recording surgery
Akshay G NAIR (33693 / 15 min)
- > CynoSure - SculpSure
TBA (35132 / 15 min)
- > FUETOR™ bringing the future of hair transplant technology at your service
TBA (35134 / 15 min)

Questions & answers

SESSION 12

5:30 PM
6:30 PM

IMCAS India Tribune: cosmeceuticals market

CHAIRS: Chytra V ANAND, Benjamin ASCHER,
Niteen Vishwanath DHEPE

- > World of skincare deconstructed: myths, trends and facts
Uliana GOUT (25094 / 12 min)
- > SeaSoul Cosmeceuticals Pvt Ltd
Manisha CHOPRA (28404 / 12 min)
- > Iraya cosmeceutical care
Rahul KALE (28408 / 12 min)
- > Cosmeceuticals market analysis by Eminence Organic Skin Care
Vandana SUNDRA (28410 / 12 min)

Round-table debate

See page 10 for more information about this session



SESSION 13

8:30 AM
9:30 AM

Upper face: periorbital & temple

CHAIRS: Jamuna PAI, Patrick J TREACY

- > Update of anatomy on the upper face
Kuldeep SINGH (28006 / 12 min)
- > Tear trough and periorbital beautification
Raj ACQUILLA (28008 / 12 min)
- > Treating the temple with fillers: where and how?
Amit LUTHRA (24906 / 12 min)
- > Dark circle by injectable treatment - periorbital melanosis
Rashmi SHETTY (28012 / 12 min)

Questions & answers

SESSION 14

9:30 AM
10:30 AM

Mid face: nasolabial & nose

CHAIRS: Raj ACQUILLA, Rashmi SHETTY

- > Anatomy of the mid face and nose for injection
Kuldeep SINGH (28022 / 10 min)
- > Identify the need for midface volume
Daniel CASSUTO (28020 / 10 min)
- > Combined injections with botulinum toxin and filler for a perfect nose
Jamuna PAI (31758 / 10 min)
- > 3D nose: easy to do, great to look at
Chytra V ANAND (22288 / 10 min)
- > Avoid the complication in rhinomodulation with botulinum toxin
Tapan PATEL (28030 / 10 min)

Questions & answers

SESSION 15

11:00 AM
12:00 PM

Lower face: chin, jawline, lips & neck

CHAIRS: Chytra V ANAND, Tatjana PAVICIC

- > Jawline contouring with hyaluronic acid fillers: tips and tricks
Uliana GOUT (25062 / 12 min)
- > Chin and jawline
Chiranjiv CHHABRA (28048 / 12 min)
- > Lip rejuvenation
Raj ACQUILLA (28044 / 12 min)
- > Neck and décolleté
Benjamin ASCHER (28050 / 12 min)

Questions & answers

SESSION 16

12:00 PM
1:00 PM



Live demonstrations: fillers & toxins

CHAIRS: Raj ACQUILLA, Kiran GODSE

- > Fillers: changing and evolving trends
Amit LUTHRA (24890 / 10 min)
- > Live demonstration in fillers - LG Life Sciences - YVOIRE - mid face contouring and volumization
Amit LUTHRA (28062 / 20 min)
- > Botulinum toxins and their effect on the brain
Patrick J TREACY (22782 / 12 min)
- > Never looked tired again - botulinum toxin and filler with or without energy based device for periorbital area
Tatjana PAVICIC (25858 / 12 min)

Questions & answers

Organisation: Successive live demonstrations are performed in the conference room. Chairmen and the audience are in direct contact with the expert performing the demo.

LUNCH SESSION

1:00 PM
2:00 PM

Introduction to IMCAS Academy

INTRODUCTION BY:

Raj ACQUILLA
Benjamin ASCHER
Sanjeev AURANGABADKAR
Chiranjiv CHHABRA
Daniel CASSUTO
Malavika KOHLI
Tapan PATEL
Mukta SACHDEV
Kuldeep SINGH

See page 11 for more information about this session

SESSION 17

2:00 PM
3:00 PM

Injection adapting Indian morphotypes

CHAIRS: Kapil Kumar S AGRAWAL, Akshay G NAIR

- > Understanding the Indian face and its uniqueness - avoiding the wrong doing
Amit LUTHRA (31998 / 12 min)
- > Best practice while volumising an Indian soft tissue heavy face
Rashmi SHETTY (31756 / 12 min)
- > The Indian eyebrow: how it's influenced by aging and ways to achieve the ideal position
Vandana CHATRATH (32230 / 12 min)
- > Under eyes of an Indian - trough, tunnels, valleys and mountains - how do you take care of these?
Debraj SHOME (24586 / 12 min)

Questions & answers

RECORDING POLICY

Please be reminded that photographic, video and audio recording of any of the sessions is **STRICTLY PROHIBITED**. Violators will be banned from future meetings.

SESSION 18

3:00 PM

4:00 PM

Facial vascular complications by injections

CHAIRS: Tapan PATEL, Debraj SHOME

- > How to avoid vascular complications when injecting with needle
Rashmi SHETTY (28096 / 12 min)
- > Vessels of the face - "simplified" to avoid filler complications
Vandana CHATRATH (32232 / 12 min)
- > Potential pitfalls in injection of the perinasal area - vascular complications and how to treat them
Santdeep PAUN (34218 / 12 min)
- > Hyaluronidase practical points avoiding complications
Daniel CASSUTO (28086 / 12 min)

Questions & answers

SESSION 19

4:30 PM

5:30 PM

Combined treatments by injections and alternative methods

CHAIRS: Chiranjiv CHHABRA, Marc HECKMANN

- > Deconstruction of the mid face for combined treatments
Kuldeep SINGH (28116 / 12 min)
- > Combined treatments to the full face
Tapan PATEL (33692 / 12 min)
- > Mid-face augmentation: combined approach with fillers, threads and radiofrequency
Amit LUTHRA (28114 / 12 min)
- > Combination rejuvenation for the nasolabial folds - when and how to use thread lifts, fillers & botulinum toxins to your benefit
Debraj SHOME (24588 / 12 min)

Questions & answers

SESSION 20

5:30 PM

6:30 PM

Difficult areas for injections

CHAIRS: Daniel CASSUTO, Amit LUTHRA

- > Balancing the face - difficult cases of toxin injection
Kuldeep SINGH (28124 / 12 min)
- > High risk areas - temples and forehead - for more balanced and natural appearance
Tatjana PAVICIC (33442 / 12 min)
- > Conquer the difficulties: slow and steady wins the race - step wise facial enhancement
Chytra V ANAND (22290 / 12 min)
- > The ophthalmologist's perspective on periocular rejuvenation - strategies to avoid and manage complications
Akshay G NAIR (33628 / 12 min)

Questions & answers

FREE COMS
ABSTRACT AWARDS

To encourage spontaneous abstract submissions we have introduced abstract awards to commend the best abstracts that we receive.

Out of the abstracts submitted for inclusion in the IMCAS India 2015 scientific program, the following are awarded for their scientific standard.

SURGERY

Liposuction - 100 cases

Girish Narindas AMLANI, Plastic Surgeon, India

LASERS & EBD

Facial contouring redefined: a novel no-filler, no-botulinum toxin technique

Suruchi GUPTA, Dermatologist, India

Dual laser toning technique for skin rejuvenation and pigmentary disorders in Indian skin

Vivek MEHTA, Dermatologist, India

OTHER

Periorbital rejuvenation with platelet rich plasma - an experience of 57 cases from eastern India

Soham K BHATTACHARYA, Dermatologist, India

The winners of the abstract awards will each receive free registration to the next IMCAS congress of their choice!

SESSION 21

8:30 AM

9:30 AM

Clinical dermatology: acne

CHAIRS: *Uliana GOUT, Niti KHUNGER*

- > Erbium Glass (1540) in the treatment of active acne
Ganesh Srinivas PAI (32994 / 12 min)
- > Papular-pustular eruptions of the face - what can you do?
Marc HECKMANN (33948 / 12 min)
- > Difficult acne : optimizing patient outcomes
Malavika KOHLI (33870 / 12 min)
- > Management of post-inflammatory hyperpigmentation in acne
Vandana CHATRATH (33980 / 12 min)

Questions & answers

INTERESTED IN CLINICAL DERMATOLOGY?

Check out the full day program dedicated to this topic at IMCAS Annual World Congress 2016, taking place in Paris, France from January 28 to 31.

Visit www.imcas.com to see the full scientific program.



SESSION 22

9:30 AM

10:30 AM

Clinical dermatology: rosacea

CHAIRS: *Sanjeev AURANGABADKAR, Mukta SACHDEV*

- > What do you do with your «red face» rosacea patients
Marc HECKMANN (23888 / 12 min)
- > New concepts for the treatment of sensitive to rosacea affected skin
Tatjana PAVICIC (28152 / 12 min)
- > Long Nd:Yag laser in the treatment of rosacea and hemangiomas
Ganesh Srinivas PAI (33040 / 12 min)
- > Rosacea management with skincare
Uliana GOUT (33418 / 12 min)

Questions & answers

SESSION 23

11:00 AM

12:00 PM

Clinical dermatology: vitiligo & melasma

CHAIRS: *Ganesh Srinivas PAI, Swati SRIVASTAVA*

- > Melanocyte-keratinocyte suspension in management of vitiligo
Swapnil D SHAH (24858 / 12 min)
- > Role of HRS in vitiligo with leucotrichia
Ravi Kumar JOSHI (32002 / 12 min)
- > Melasma in 2015: where we stand and where we heading
Apratim GOEL (33583 / 12 min)
- > Oral and intralesional tranexemic acid in the treatment of melasma
Rasya K DIXIT (33612 / 12 min)

Questions & answers

SESSION 24

12:00 PM

1:00 PM

Combined treatments by EBD and alternative methods

CHAIRS: *Apratim GOEL, Jamuna PAI*

- > The Dublin Lift - multi synchronous procedural facial rejuvenation by combined treatment - aesthetic synergy
Patrick J TREACY (22822 / 12 min)
- > Combined treatment with injectables and energy based devices
Chiranjiv CHHABRA (28506 / 12 min)
- > Fractional CO2 laser in combination with PRP
Sanjeev AURANGABADKAR (28508 / 12 min)
- > Non surgical face lift with monopolar RF and HIFU
Pankaj CHATURVEDI (33520 / 12 min)

Questions & answers

SESSION 25

2:00 PM

3:00 PM

Lasers for darker skin

CHAIRS: Chiranjiv CHHABRA,
Ganesh Srinivas PAI

- > Laser toning and R20 technique treating pigmented lesions in Indian skins
Anil GANJOO (31492 / 12 min)
- > Excimer lasers in hypopigmented lesions: protocols for dark skin
Niteen Vishwanath DHEPE (34640 / 12 min)
- > Alexandrite laser for darker skin: is it safe?
Niteen Vishwanath DHEPE (34642 / 12 min)
- > Treatment of post traumatic and acne scarring with a fractional CO2 laser in dark skin
Sanjeev AURANGABADKAR (22866 / 12 min)

Questions & answers

SESSION 26

3:00 PM

4:00 PM



Live demonstrations: lasers & EBD

CHAIRS: Niteen Vishwanath DHEPE,
Malavika KOHLI

- > 4 tier technique in acne scar treatment with ultrapulse fractional lasers
Niteen Vishwanath DHEPE (34636 / 10 min)
- > Live demonstration in EBD: STELLAR MEDICAL - Cymedics Cryo - body contouring
Niteen Vishwanath DHEPE (31316 / 20 min)
- > What's new in lasers and/or in energy based devices?
Malavika KOHLI (28214 / 10 min)
- > Live demonstration: Bausch + Lomb - Thermage - skin tightening device
TBA (31318 / 20 min)

Organisation: Successive live demonstrations are performed in the conference room. Chairmen and the audience are in direct contact with the expert performing the demo.

SESSION 27

4:30 PM

5:30 PM

Hair removal

CHAIRS: Bipin DESHPANDE,
Ganesh Srinivas PAI

- > Laser hair removal in darker skins - which device, which technique
Apratim GOEL (33505 / 12 min)
- > Newer methodologies for laser hair removal in skin of colour
Mukta SACHDEV (28250 / 12 min)
- > Challenges and controversies in laser hair reduction
Sanjeev AURANGABADKAR (22854 / 12 min)
- > Tackling pain during laser hair removal
Anil GANJOO (31490 / 12 min)

Questions & answers

SESSION 28

5:30 PM

6:30 PM

Tattoo removal

CHAIRS: Ravi Kumar JOSHI, Jamuna PAI

- > Newer protocols in Q-switched Nd:YAG laser in tattoo removal
Sanjeev AURANGABADKAR (28264 / 15 min)
- > The intricacies of tattoos and their removal
Malavika KOHLI (28268 / 15 min)
- > The R20 technique
Anil GANJOO (34496 / 15 min)

Questions & answers

DANCING
GALA DINNER

The Dancing Gala Dinner on Saturday night offers the perfect way to relax after a day of learning. Mingle with peers from India and beyond and make new collaborative connections whilst enjoying a delicious meal followed by live music and dancing.

RENDEZ-VOUS AT
8 PM

SESSION 29

8:30 AM
9:30 AM

Suspending devices

CHAIRS: Amit GUPTA, Debraj SHOME

- > Threads - surgical technique of tomorrow
Benjamin ASCHER (28280 / 15 min)
- > Facial rejuvenation and thread suspension
Satish K AROLKAR (28278 / 15 min)
- > PDO threads for face and body skin tightening
Swati SRIVASTAVA (33616 / 15 min)

Questions & answers

SYMPOSIUM 01

9:30 AM
10:30 AM

Bausch + Lomb

- > Obagi products
Uliana GOUT (35130 / 60 min)

SYMPOSIUM 02

11:00 AM
12:00 PM

Ultra V

- > Upgraded absorbable thread lifting with blunt cannula
Han Jin KWON (33976 / 60 min)

SYMPOSIUM 03

12:00 PM
1:00 PM

Ultra V

- > How to remove eye bag in a non-invasive way - RF cannula, PDO and PLLA powder filler
Han Jin KWON (33976 / 60 min)

SESSION 30

2:00 PM
3:00 PM

Hair restoration: theories

CHAIRS: Manoj KHANNA, M M Thirumalai VASAN

- > Theory of hair transplant with PRP application
Ramasamy MURUGESAN (28318 / 12 min)
- > PRP in hair loss - clinical cases
Viral Ramesh DESAI (23672 / 12 min)
- > Artificial hair implants - what's new?
Anil GANJOO (31498 / 12 min)
- > Grade VI/VII baldness: how to meet the expectations and deliver the best
Pankaj CHATURVEDI (23228 / 12 min)

Questions & answers

SESSION 31

3:00 PM
4:00 PM

Hair restoration: techniques - including video demonstration

CHAIRS: Pankaj CHATURVEDI, Anil GANJOO

- > Bottle-Necks in hair restoration surgery
Pankaj CHATURVEDI (33518 / 12 min)
- > Manual versus mechanical punches in FUE
Viral Ramesh DESAI (23744 / 12 min)
- > Suction technique in hair transplantation and graft survival
M M Thirumalai VASAN (32038 / 12 min)
- > Hair transplant gone wrong - techniques in managing hair transplant complications
Amit GUPTA (34444 / 12 min)

Questions & answers

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4 IMCAS
congresses
are planned
for 2016!

SESSION 32

4:30 PM

5:30 PM

Hair restoration for women - including video demonstration

CHAIRS: *Viral Ramesh DESAI, Patrick J TREACY*

- > Surgical guidelines for female androgenetic alopecia
Patrick J TREACY (33524 / 10 min)
- > PRP in androgenic alopecia - promising results in women
Rasya K DIXIT (33610 / 10 min)
- > Mesotherapy for female androgenetic alopecia
Swati SRIVASTAVA (33624 / 10 min)
- > Hair transplantation for women - small procedure with big difference
Pankaj CHATURVEDI (35068 / 10 min)
- > Hair transplant and platelet rich plasma: an emerging symbiosis
Gaurang KRISHNA (34659 / 10 min)

Questions & answers

SESSION 33

5:30 PM

6:30 PM

Scars: surgical vs medical

CHAIRS: *Rinky KAPOOR, Rashmi SHETTY*

- > Hypertrophic scarring
Satish K AROLKAR (31324 / 10 min)
- > Correction of facial scars in Indian population
Shiv Shankar SAHA (34257 / 10 min)
- > Algorithmic approach for acne scars
Niti KHUNGER (31906 / 10 min)
- > Acne scars: what can we offer if we do not have a laser
Rasya K DIXIT (33608 / 10 min)
- > Acne scar rejuvenation in skin of colour: multi-modal therapy
Chytra V ANAND (31328 / 10 min)

Questions & answers

WEBCAST LECTURES

4:30 PM

5:30 PM

Webcast lectures

- 4:30 PM Platelet rich plasma for skin rejuvenation and hair growth
Kiran GODSE (34803 / 15 min)
- 4:45 PM 15 years experience of Q-switched Nd:YAG laser on Indian skin
K R CHANDVANIA (34645 / 15 min)
- 5 PM Structured assessment of radiation-induced fibrosis following treatment for head and neck cancer
George ADIGBLI (34711 / 15 min)

Organisation: Webcast Lectures are recorded by a professional AV Team during the congress and later broadcasted via IMCAS Academy.

SUBMIT AN ABSTRACT FOR A FUTURE CONGRESS

Your contribution could win you a prize!

We welcome spontaneous abstract submissions for all of our congresses.

Your abstract will be reviewed by the Scientific Board and, if accepted, incorporated into the scientific program.

Your research will be heard by hundreds of your international peers!

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SESSION 34

8:30 AM

9:30 AM

Cosmeceuticals: evidence based medicine

CHAIRS: Malavika KOHLI, Tapan PATEL, Vandana SUNDRA

- > Cosmeceuticals against hyperpigmentations - what's evidence based?
Tatjana PAVICIC (25900 / 15 min)
- > Newer skin lightening cosmeceuticals for darker skins - fact vs fiction
Mukta SACHDEV (31798 / 15 min)
- > Evidence based selection of a skincare regime
Uliana GOUT (34440 / 15 min)

Questions & answers

See page 10 for more information about this session

MEET THE EXPERTS

9:30 AM

10:30 AM

2015 update of techniques in face surgery (video lectures)

CHAIR: Kamil Kumar S AGRAWAL

- > Updated techniques in facelift
Daniel CATALDO (35148 / 15 min)
- > Contemporary management of the nasal valve
Santdeep PAUN (25752 / 10 min)
- > Refinements in use of «Tongue in Groove»
Santdeep PAUN (25760 / 10 min)
- > Hazards in use of alloplasts for nasal grafting
Santdeep PAUN (25774 / 10 min)

Questions & answers

GET YOUR CERTIFICATE OF ATTENDANCE

Fill in your online evaluation form by 22 December to receive your certificate of attendance for IMCAS India 2015

Log on at
www.imcas.com

SESSION 35

11:00 AM

12:00 PM

Nutraceuticals

CHAIRS: Manisha CHOPRA, Rasya K DIXIT, Kiran GODSE

- > Importance of AGE (advanced glycation end products) in ageing
Vandana CHATRATH (32236 / 15 min)
- > Glutathione : the master antioxidant
Malavika KOHLI (28418 / 15 min)
- > Biomolecules in skin and hair - their clinical use
Malavika KOHLI (28420 / 15 min)

Questions & answers

See page 10 for more information about this session

SESSION 36

12:00 PM

1:00 PM

Patient management

CHAIRS: Marc HECKMANN, Rashmi SHETTY

- > Competitive advantage through patient management
Uliana GOUT (34442 / 10 min)
- > Patients with limited budget and severe aging changes: our big challenge
Tatjana PAVICIC (25892 / 10 min)
- > Desire dermatology vs disease dermatology - cosmetic patient counseling
Apratim GOEL (33507 / 10 min)
- > The importance of consultation in managing the difficult patients
Tapan PATEL (33690 / 10 min)
- > Psycho social aspects in hair loss patient - how to care
Viral Ramesh DESAI (23734 / 10 min)

Questions & answers

SESSION 37

1:00 PM

2:00 PM

Professional business

CHAIRS: Chiranjiv CHHABRA, Tapan PATEL

- > Business driver - economics or passion
Rashmi SHETTY (28432 / 10 min)
- > Selling skills for doctors
Niteen Vishwanath DHEPE (34644 / 10 min)
- > Managing a cosmetic chain of clinics - challenges and experience
Apratim GOEL (33503 / 10 min)
- > The challenges of running multiple clinics - audit mechanism
Viral Ramesh DESAI (31772 / 10 min)
- > Cosmetic dermatology: side effects and the internet
Amit LUTHRA (24892 / 10 min)

Questions & answers

SESSION 38

8:30 AM
9:30 AM

Lasers & EBD: what's new?

CHAIRS: Vandana CHATRATH, Rinky KAPOOR

- > Updates on Q-switched Nd:YAG, Fractional CO2 and Er:YAG lasers
Sanjeev AURANGABADKAR (28458 / 10 min)
- > HIFU: New emerging technology for non-invasive facelift
Apratim GOEL (33501 / 10 min)
- > LED light: promising new treatment for management of acne and pigmentation
Rasya K DIXIT (33614 / 10 min)
- > Microneedle fractional radiofrequency and Q-switched Nd:YAG 1064
Swapnil D SHAH (24834 / 10 min)
- > Facial rejuvenation using ablative and non-ablative radiofrequency technique
Bipin DESHPANDE (23752 / 10 min)

Questions & answers

SESSION 39

9:30 AM
10:30 AM

Laser & EBD: pigmentation

CHAIRS: Bipin DESHPANDE, Swapnil D SHAH

- > Newer level control with the Q-switched laser for pigmentation in skin of colour
Mukta SACHDEV (24982 / 12 min)
- > Q-switched Nd:YAG laser treatment of Nevus of Ota - largest Indian study of treating 200 patients
Sanjeev AURANGABADKAR (22836 / 12 min)
- > The fractional carbon dioxide laser for skin rejuvenation in pigmented skin - a clinical trial of 4000 patients
Rinky KAPOOR (32162 / 12 min)
- > Melasma - why and how to manage treatment failure
Niti KHUNGER (31904 / 12 min)

Questions & answers

SESSION 40

11:00 AM
12:00 PM

Laser & EBD: acne & scar

CHAIRS: Anil GANJOO, Niti KHUNGER

- > Art of selective scar resurfacing using ablative radiofrequency
Bipin DESHPANDE (23756 / 12 min)
- > Microneedle fractional RF versus Fractional CO2 in management of acne scars in pigmented skin
Swapnil D SHAH (24850 / 12 min)
- > Combination of Fractional CO2 and Erbium in acne scar
Ganesh Srinivas PAI (31776 / 12 min)
- > Combined treatments for acne scars
Swati SRIVASTAVA (33620 / 12 min)

Questions & answers

SESSION 41

12:00 PM
1:00 PM

Skin tightening

CHAIRS: Vandana CHATRATH, Swapnil D SHAH

- > Microfocused ultrasound for skin tightening
Chiranjiv CHHABRA (27942 / 10 min)
- > Combination of RF, ultrasound and cooling
Raj ACQUILLA (27944 / 10 min)
- > Non-invasive skin tightening with RF based devices
Pankaj CHATURVEDI (23258 / 10 min)
- > Monopolar radiofrequency and ultrasound laser in skin tightening
Ganesh Srinivas PAI (32836 / 10 min)
- > A critical analysis of non-ablative RF treatment in cosmetic dermatology practice over decade for face and neck tightening
Bipin DESHPANDE (23760 / 10 min)

Questions & answers

SESSION 42

1:00 PM
2:00 PM

Body shaping

CHAIRS: Marc HECKMANN, Swati SRIVASTAVA

- > Body contouring combining radiofrequency, ultrasound and injection lipolysis - the way forward
Amit LUTHRA (28242 / 12 min)
- > A new ultrasound device - its contouring results vs other devices
Patrick J TREACY (22908 / 12 min)
- > Cryolipolysis: insights into the Indian experience
Malavika KOHLI (33866 / 12 min)

Body sculpting with cryolipolysis

Niteen Vishwanath DHEPE (34648 / 12 min)

Questions & answers

SESSION 43

8:30 AM

9:30 AM

Lipofilling: face

CHAIRS: Benjamin ASCHER, Daniel CATALDO

- > Fat grafting in face: which volume
Shiv Shankar SAHA (24636 / 12 min)
- > Fat grafting and PRP
Satish K AROLKAR (22388 / 12 min)
- > Platelet rich plasma for effective fat grafting in face
Ramasamy MURUGESAN (31751 / 12 min)
- > Microfat grafting for a volume depleted face
Ashish DAVALBHAKTA (31790 / 12 min)

Questions & answers

SESSION 44

9:30 AM

10:30 AM

Lipofilling: breast & body

CHAIRS: Ashish DAVALBHAKTA, Amit GUPTA

- > Fat grafting for breast
Shiv Shankar SAHA (28572 / 15 min)
- > Autologous fat transfer for breast and body
Manoj KHANNA (33718 / 15 min)
- > Breast reconstruction with lipofilling
Daniel CATALDO (34544 / 15 min)

Questions & answers

SYMPOSIUM 05

11 AM

12:00 PM

Bison Medical Co Ltd

- > Combined double lifting using thread and laser
Sang Seop SON (35028 / 60 min)

SESSION 45

12:00 PM

1:00 PM

PRP, growth factors & stem cells

CHAIRS: Kapil Kumar S AGRAWAL, Santdeep PAUN

- > Stem cells, PRP or growth factors like the QR678 - what really works in non surgical hair growth?
Rinky KAPOOR (32164 / 12 min)
- > Provisional protocol for PRP therapy in hair restoration
Ravi Kumar JOSHI (32004 / 12 min)
- > Platelet rich plasma in cosmetology
Kiran GODSE (23724 / 12 min)
- > Stem cells and tissue engineering - the future of breast (re)construction?
George ADIGBLI (34709 / 12 min)

Questions & answers

SESSION 46

1:00 PM

2:00 PM

Liposuction & lipolysis

CHAIRS: Satish K AROLKAR, Manoj KHANNA

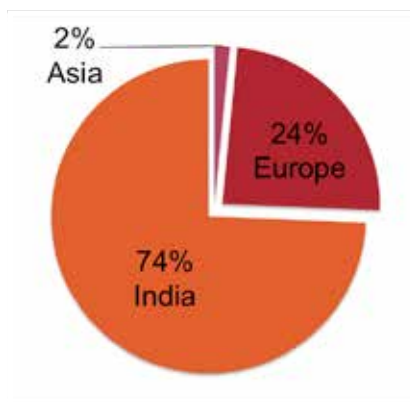
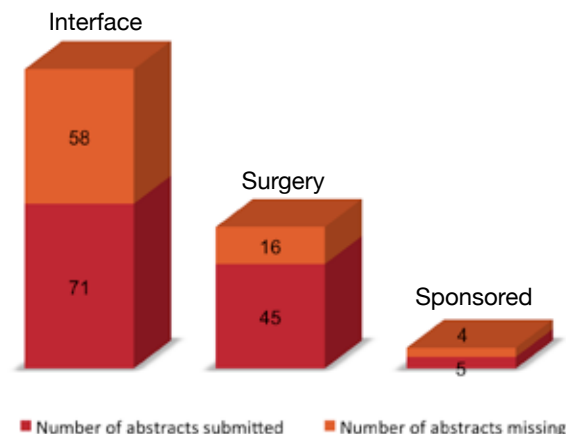
- > Hi-definition and 4D body surgical contouring with liposuction
Amit GUPTA (25152 / 12 min)
- > Lipoabdominoplasty with simultaneous 3D torso liposculpturing
Milind Shashikant WAGH (33754 / 12 min)
- > Dye laser vs Nd:YAG for lipolysis
Daniel CASSUTO (31354 / 12 min)
- > Lipolysis and injectable
Benjamin ASCHER (31358 / 12 min)

Questions & answers

ABSTRACT STATISTICS

We received **126** abstracts for IMCAS India 2015, representing 62% of all presentations!

This year, 74% of expected abstracts in surgery were received, indicating that plastic surgeons are at the top submitters, whilst the interface category received 55% of expected abstracts.



26% of all presentations are international illustrating the increasing recognition of India internationally as an important region for aesthetic medicine.

We would like to express our thanks to all abstract submitters, and to all their reviewers for their precious time and effort spent on IMCAS India 2015. Your help enables us to improve and go beyond our limits year upon year.

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EDUCATION CME accredited*

All Indian physicians participating in IMCAS India will be eligible to obtain CME credits. In order to obtain these CME credits, physicians must first gain their Certificate of Attendance by filling in the evaluation form at imcas.com immediately following the congress.

A Certificate of Attendance will then be automatically sent.

**At the time of print, CME accreditation for IMCAS India is currently under process with the Goa Medical Council.*



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IMCAS is dedicated to providing scientific content of the highest quality at its congresses. Each lecture is systematically preceded by the disclosure form.

All speakers must fill in a Conflict of Interest (COI) disclosure when they submit their abstract(s) for approval. Scientific lectures are presumed to be based on objective interpretations of evidence and unbiased interpretations of facts. The integrity of our conference requires disclosure of the possibilities of potentially distorting influences before beginning to lecture. The audience may then judge and, if necessary, make allowances for the impact of the bias on the information being reported.

Speakers declaring "no Conflict of Interest" indicate that they have no significant financial arrangement or affiliation with a product, company or device nor any bias towards any other product, device or company.

PARTICIPANTS Delegate evaluations

The evaluations done by attendees after the congress are invaluable in enabling us to

improve our congresses year upon year and to offer delegates more of what they are looking for.

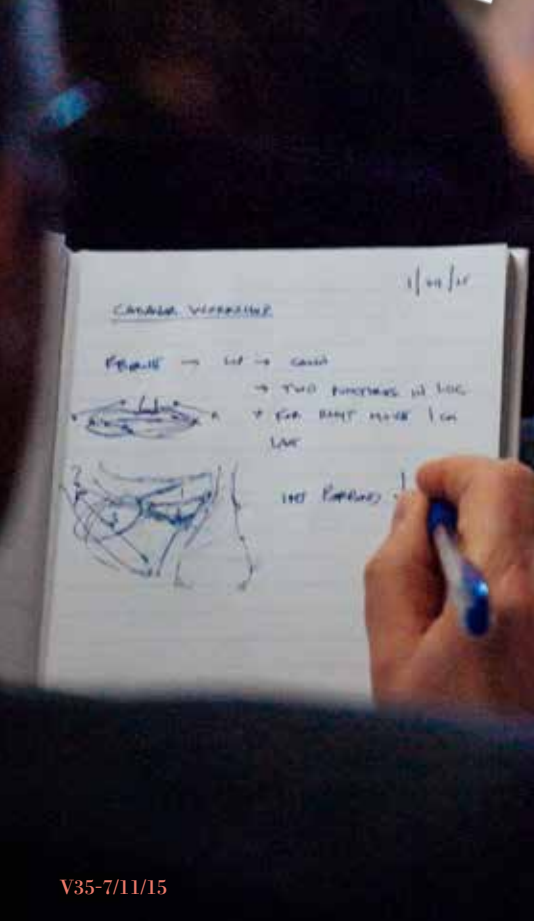
At IMCAS India 2014, the online delegate evaluation yielded the following statistics:

- > 86% of participants rated the organisation as good or excellent
- > 92% of participants rated the scientific quality as good or excellent
- > 99% of participants would attend a future IMCAS congress

The best rated session was on facial rejuvenation with injectables.

Don't forget to fill in your online evaluation after this year's congress:

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HOW IMCAS OPERATES

All members of the IMCAS Board, Scientific and Local Support Committee within our worldwide congresses are part of various task forces aimed at ensuring that IMCAS congresses continually offer the best in terms of qualitative content, innovation, distinction and education in the fields of aesthetics, whether medical aesthetics with plastic surgery and dermatology, or non medical aesthetics with the new development of the cosmeceutic field.



How do I join a task force?

1. Email task-force@imcas.com stating your interest
2. Receive detailed outlines of each task force's objectives
3. Choose which task force you want to belong to
4. Tell us why you would be ideal candidate for the task force
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OUR ATTENDEES HAVE THEIR SAY

by *Anastasia Porteous*
Chief editor, IMCAS Team

Dr KRISHNA CHAUDHARI

Dr is a cosmetic surgeon who has practiced in Pune, Maharashtra, for the last 31 years. He has attended many editions of IMCAS over the years, both in his native India, and further afield in Asia and Europe.

ON HIS PRACTICE

In my practice 90% of the population is from the pre-marriage age group as they are in search of better partners. I enjoy every interaction with my cosmetic surgery patients – understanding their problems and trying to meet their requirements through very safe and well-established procedures and protocols with consistent good results.

Each and every patient's demand and following treatment has been a professional challenge. This has given me a tremendous amount of job satisfaction and love and blessings from innumerable patients.

ON MEDICAL AESTHETIC TRENDS

I have been practicing in Pune since 1978 as an ENT and Head and Neck surgeon in my own clinic, initially I performed more function/disease-based procedures. From 1995 I started to have a growing demand for desire-based surgeries such as hair transplant, liposuction, laser hair removal and tattoo removal. I had to acquire technical know-how to cater for this new class of patients. Patients wanted reasonably-priced, preferably non-surgical procedures without much downtime. Eventually I incorporated various lasers and other gadgets such as HIFU, microdermabrasion, radiofrequency, skin tightening and so on, the list is endless.



Since 1998, my practice has been exclusively restricted to cosmetic surgery which caters for middle class

patients. The average middle-class person is very much aware of cosmetic surgery. Young people in the age group of 20-35 years want to undergo popular cosmetic surgery procedures like rhinoplasty, hair transplant, acne scar treatment, liposuction, laser hair removal and tattoo removal. Fillers, botulinum toxin and breast implants are costly by Indian standards.

ON IMCAS

IMCAS has brought a totally a new concept of bringing surgical and non-surgical technology exchanges with the necessary exhibition and participation of all cosmetic instruments. IMCAS started a new trend which is now copied everywhere.

As a delegate I have learnt important philosophy about non-surgical procedures and surgery. This has really boosted my practice. The comprehensive and global selection of topics which are of day to day concern for the average cosmetic surgeon, delivered by top speakers of our time, with very good audiovisual medium, a good venue, menu and tourism adds icing to wonderful congresses. IMCAS India is equally informative as top local speakers share their knowledge about ethnic medical aesthetics. My knowledge about practical problems and new technologies is updated at IMCAS meetings.

Dr ANKIT SHAH

Dr is a young maxillofacial surgeon who is currently being trained in plastic and reconstructive surgery in Mumbai. He has always been interested in maxillofacial reconstruction and orthognathic surgeries that restore both function and cosmetic harmony. He attended IMCAS India for the first time in 2014.

ON HIS PRACTICE

The most popular procedures we face in our practice are mostly aesthetic procedures, where patients ask for botox, fillers and hair transplants, and to a lesser extent orthognathic and surgical face lift surgeries.

ON IMCAS

IMCAS, being an international body, has always been a great platform to exchange ideas and knowledge from experts all over the world. Such events makes a big difference for young surgeons like me to get experience of international standards.

Dr RAJU RAJ PANDEY

Dr is a plastic surgeon from Nepal who developed his interest in plastic surgery whilst practicing general surgery. He has attended a previous edition of IMCAS Asia as well as last year's edition of IMCAS India.

ON HIS PROFESSION

I developed my interest in plastic surgery whilst practicing general surgery. This specialty is dynamic and you need to come up with different ideas before you perform a surgery. This is unlike other specialties which often have a fixed protocol. You can help the poor with reconstructive surgery or earn money by treating wealthier patients.

ON HIS PRACTICE

Plastic surgery is developing slowly in Nepal. I do cosmetic procedures such as blepharoplasty, rhinoplasty, face lifts and FUE hair transplantations. Sometimes I also do some other reconstructive surgery.

ON IMCAS

I have developed confidence from attending IMCAS congresses and I hope to continue.



Dr SIRISHA SINGH

Dr is a dermatologist who has worked and trained in both the UK and India. After working for 8 years in the UK, today she runs her own clinic, The Skin Centre, in New Delhi. She has attended all four past editions of IMCAS India.

ON HER PROFESSION

I chose dermatology as my given field largely because I enjoyed my internship period in this speciality. The prospect of a good work-life balance was also a major driving force for me.

ON HER PRACTICE

The commonest procedures in my clinic are laser treatments especially laser hair reduction. However, the use of injectables has been steadily increasing and I find that I am doing a greater proportion of botulinum toxin injectables and filler injections for anti-aging. The most gratifying moments in practice is when a client is happy with a job well done. Most clients in Cosmetic Dermatology tend to have very high expectations. Setting the right tone and expectation level and managing to satisfy them can be quite challenging. When this happens, satisfaction levels are high.



ON MEDICAL AESTHETIC TRENDS

I started my practice in India six years ago. In the past six years, the greatest change has been the gradually increasing uptake of injectables in India. The use of botulinum toxin injections, fillers injections and partially invasive procedures like PRP has been increasing steadily.

ON IMCAS

I find that IMCAS is very comprehensive and covers all the topics of aesthetic dermatology. The presence of international faculty of repute ensures that high standards are maintained.

IMCAS REVENUES

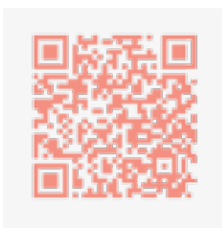
IMCAS is conducting educational activities but it is also a profit-seeking business. How can this dilemma be resolved? Simply by clearly identifying the origins of the revenues. In other words, IMCAS embraces and welcomes funding, always given the fact that funds' origins are traced.

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- conference bag with the complete program and abstract booklet
- certificate of attendance

* Partial access: access to the congress exhibition, but denied to the conference rooms.

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- sessions 34 & 35, on Sunday
- exhibition hall

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